## LIFE GRAB LADDER STABILIZER

#### Introduction:

On Top Safety is committed to providing high-quality ladder stabilizer systems to ensure the safety and stability of ladders used in various working environments. This instruction manual offers a comprehensive guide on how to properly install, use, and maintain On Top Safety's ladder stabilizer system. It is crucial that the person responsible for overseeing and implementing the ladder stabilizer system meets the OSHA "competent person" requirements.

An OSHA "competent person" is defined as "one who is capable of identifying existing and predictable hazards in the surroundings or working conditions which are unsanitary, hazardous, or dangerous to employees, and who has authorization to take prompt corrective measures to eliminate them."

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#### 1. SAFETY PRECAUTIONS

- \* Always read and follow the ladder manufacturer's instructions and safety guidelines.
- \* Ensure that the person responsible for overseeing the ladder stabilizer system meets the OSHA "competent person" requirements.
- \* Wear appropriate personal protective equipment (PPE), such as a safety harness, hard hat, and non-slip footwear.
- \* Only use the ladder stabilizer system in a safe and appropriate manner, as outlined in this instruction manual.

# 2. COMPONENTS OF A LADDER STABILIZER SYSTEM

- \* Adjustable self contained ratchet straps.
- \* Hooks or other attachment devices for securing the ladder to a fixed object.
- \* Anchor points for attaching the straps to the ladder and the fixed object

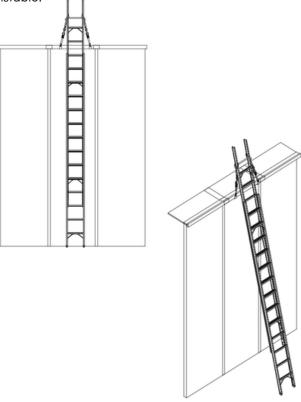
### 3. INSTALLATION PROCEDURE

- \* Position the ladder on a stable, level surface, following the ladder manufacturer's guidelines for the proper angle and placement.
- \* Secure the hooks or attachment devices to the appropriate anchor points on the ladder and the fixed object.
- \* Tighten the straps using the ratchet mechanism until the ladder is firmly secured against the fixed object.

## 4. USAGE GUIDELINES

- \* Inspect the ladder and stabilizer system before each use to ensure they are in good working condition.
- \* Ensure that the ladder is properly secured and stable before climbing or working on it.
- \* Ensure that the ladder is properly secured and stable before climbing or working on it.

- \* Maintain three points of contact (two hands and one foot, or two feet and one hand) while climbing and working on the ladder.
- \* Do not overload the ladder or exceed its maximum weight capacity.
- \* Avoid sudden or jerky movements while on the ladder, as this may cause the ladder to become unstable.



## 5. MAINTENANCE AND INSPECTION

- \*\* Regularly inspect the ladder and ladder stabiliser system for signs of wear, damage, or deterioration.
- \* Follow the ladder manufacturer's recommendations for maintenance and repair.
- \* Replace any damaged or worn components immediately to ensure the ladder and tie-down system remain safe and effective.

#### 6. TROUBLESHOOTING

- \* If the ladder is unstable or wobbly even after securing it with the ladder stabilizer system, recheck its position on a stable and level surface and ensure that the straps are evenly tightened on both sides.
- \* If the straps are slipping or loosening during use, inspect the buckles and ratchet mechanism for damage or malfunction, and replace them necessary.

#### 7. TRAINING AND EDUCATION

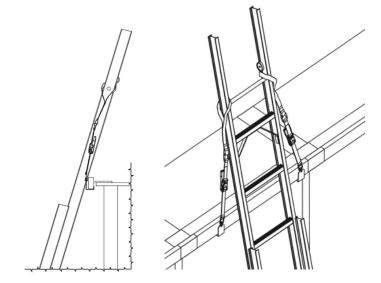
- \* Ensure that all personnel using the ladder stabilizer system receive proper training on its installation, use, and maintenance, as well as general ladder safety.
- \* Regularly review and update training materials to ensure they remain current with industry standards and guidelines.
- \* Encourage open communication among team members regarding any safety concerns or suggestions for improvement.

### 8. EMERGENCY RESPONSE PLAN

- \*\* Develop an emergency response plan specific to incidents involving ladder use, such as falls or equipment failure. This plan should outline the steps to take in case of an emergency, including first aid procedures, emergency contact information, and reporting requirements.
- \* Regularly review and update the emergency response plan as needed, and ensure all personnel are familiar with its contents.

#### 9. PERIODIC SAFETY AUDITS

- \*\* Conduct periodic safety audits to assess the effectiveness of the ladder stabilizer system and identify any areas for improvement.
- \* Conduct periodic safety audits to assess the effectiveness of the ladder stabilizer system and identify any areas for improvement.
- \* These audits should be performed by an OSHA "competent person" and should include a thorough inspection of the ladder,stabilizer system, and surrounding work area.
- \* Address any issues identified during the safety audit promptly and implement corrective measures as necessary.



#### Conclusion:

Proper installation, usage, and maintenance of the ladder stabilizer system, combined with adherence to the safety precautions, guidelines, and best practices outlined in this instruction manual, can significantly reduce the risks associated with ladder use and create a safer working environment.

An OSHA "competent person" should be involved in all aspects of the ladder stabilizer system, from installation to inspection and troubleshooting.

#### LEGAL LIABILITY DISCLAIMER:

The information and instructions provided in this manual are based on the best available knowledge and practices at the time of publication.

On Top Safety disclaims all liability for any loss, damage, injury, or expense resulting from the use of, or reliance upon, any information contained in this manual.

It is the responsibility of the user to follow the manufacturer's instructions and comply with all applicable laws, regulations, and standards, including OSHA requirements.

By using the ladder stabilizer system, the user acknowledges and agrees that they assume full responsibility for the proper installation, usage, and maintenance of the system.

The user also agrees to indemnify and hold harmless On Top Safety, its employees, and agents from any and all claims, actions, damages, liabilities, and expenses arising out of or related to the use of the ladder stabilizer system.

## Ladder Stabilizer System

Instruction Manual

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